

Spice It Up

December 2025

Modified Middle School Lunch

MONDAY

1

- Boneless Chicken Wings
- Boneless Chicken Wings with Honey BBQ Sauce
- Hawaiian Roll
- French Fries
- Classic Pepperoni Pizza
- Fresh Caesar Salad
- Hummus & Veggie Bento Box
- Fresh Orange Wedges
- Fruit Punch
- Lettuce & Tomato Side Salad
- Baby Carrots & Celery Sticks
- Fresh Broccoli Florets
- Chocolate Low Fat Milk
- 1% Low-fat Milk

TUESDAY

2

- Chicken Taco Meat
- Seasoned Turkey Taco Meat
- Seasoned Black Beans
- Tortilla Chips
- Soft Flour Tortilla
- Cilantro Lime Brown Rice
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Spicy Chicken Sandwich
- French Fries
- Turkey Ham & Cheese Wrap
- Fresh Red Delicious Apple
- Apple Juice
- Spinach & Romaine Salad
- Fresh Green Peppers Strips
- Sliced Cucumbers
- Chocolate Low Fat Milk
- 1% Low-fat Milk

WEDNESDAY

3

- Toasty Cheese Sandwich
- Campbell's Tomato Soup
- Classic Cheese Pizza
- Fresh Caesar Salad
- Strawberry Smoothie
- Cinnamon Granola
- Fresh Orange Wedges
- Fruit Punch
- Lettuce & Tomato Side Salad
- Baharat Spiced Chickpeas
- Corn & Pepper Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

THURSDAY

4

- Orange Chicken
- Vegetable Fried Brown Rice
- Peas and Carrots
- Chocolate Chip Cookie
- Spicy Chicken Sandwich
- French Fries
- Hummus & Veggie Bento Box
- Fresh Banana
- Apple Juice
- Spinach & Romaine Salad
- Fresh Carrots
- Sliced Cucumbers
- Chocolate Low Fat Milk
- 1% Low-fat Milk

FRIDAY

5

- BBQ Beef Meatballs
- Brown Rice
- Cranberry Pear Fruit Salad
- Classic Cheese Pizza
- Fresh Caesar Salad
- Monterey Chicken Salad
- Croutons
- Fresh Red Delicious Apple
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- Corn & Pepper Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

8

- Mashed Potato & Chicken Bowl
- Hawaiian Roll
- Seasoned Corn
- Classic Pepperoni Pizza
- Fresh Caesar Salad
- Santa Fe Turkey and Cheddar Wrap
- Fresh Red Delicious Apple
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- Corn & Black Bean Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

9

- Chicken Taco Meat
- Seasoned Turkey Taco Meat
- Seasoned Black Beans
- Tortilla Chips
- Soft Flour Tortilla
- Cilantro Lime Brown Rice
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Classic Chicken Sandwich
- French Fries
- Berry Parfait
- Fresh Orange Wedges
- Apple Juice
- Spinach & Romaine Salad
- Fresh Cherry Tomatoes
- Carrot & Celery Sticks
- Chocolate Low Fat Milk
- 1% Low-fat Milk

10

- Home-style Beef and Bean Chili
- Tortilla Chips
- Classic Cheese Pizza
- Fresh Caesar Salad
- Santa Fe Turkey and Cheddar Wrap
- Fresh Pear
- Fruit Punch
- Lettuce & Tomato Side Salad
- Corn & Black Bean Salad
- Buttermilk Coleslaw
- Chocolate Low Fat Milk
- 1% Low-fat Milk

11

- General Tso's Chicken
- Vegetable Fried Brown Rice
- Broccoli
- Spicy Chicken Sandwich
- French Fries
- Berry Parfait
- Fresh Orange Wedges
- Apple Juice
- Spinach & Romaine Salad
- Fresh Cherry Tomatoes
- Carrot & Celery Sticks
- Chocolate Low Fat Milk
- 1% Low-fat Milk

12

- Buttermilk Pancakes
- Semi Sweet Chocolate Chips
- Whipped Cream Topping
- Turkey Sausage Patty
- Warm Baked Spiced Pears
- Hash Brown Patty
- Classic Cheese Pizza
- Fresh Caesar Salad
- Southwest Chicken Salad with Cheese
- Croutons
- Fresh Pear
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- Buttermilk Coleslaw
- Chocolate Low Fat Milk
- 1% Low-fat Milk

Rosemary

Fennel

Pepper

15

- Boneless Chicken Wings
- Boneless Chicken Wings with Honey BBQ Sauce
- Hawaiian Roll
- Roasted Broccoli
- Classic Cheese Pizza
- Fresh Caesar Salad
- Turkey, Cheese, Flatbread & Cucumber Bento Box
- Fresh Granny Smith Apple
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Broccoli Florets
- Fresh Cherry Tomatoes
- Chocolate Low Fat Milk
- 1% Low-fat Milk

16

- Italian Meatball Sub
- Garlic Herb Flatbread
- Italian Vegetables
- Chicken Taco Meat
- Seasoned Turkey Taco Meat
- Seasoned Black Beans
- Tortilla Chips
- Soft Flour Tortilla
- Cilantro Lime Brown Rice
- Seasoned Refried Beans
- Queso Blanco Cheese Sauce
- Creamy Cheddar Cheese Sauce
- Classic Chicken Sandwich
- French Fries
- Turkey Ham & Cheese Wrap
- Chilled Peaches
- Apple Juice
- Lettuce & Tomato Side Salad
- Sliced Zucchini
- Corn & Black Bean Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

17

- Toasty Cheese Sandwich
- Campbell's Tomato Soup
- Classic Pepperoni Pizza
- Fresh Caesar Salad
- Strawberry Smoothie
- Cinnamon Granola
- Fresh Banana
- Fruit Punch
- Lettuce & Tomato Side Salad
- Baharat Spiced Chickpeas
- Fresh Cherry Tomatoes
- Chocolate Low Fat Milk
- 1% Low-fat Milk

18

- Sweet & Sour Chicken
- Vegetable Fried Brown Rice
- Peas and Carrots
- Spicy Chicken Sandwich
- French Fries
- Turkey, Cheese, Flatbread & Cucumber Bento Box
- Fresh Granny Smith Apple
- Apple Juice
- Lettuce & Tomato Side Salad
- Sliced Zucchini
- Corn & Black Bean Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

19

- BBQ Chicken
- Pear Crisp
- Macaroni and Cheese
- Seasoned Corn
- Classic Cheese Pizza
- Fresh Caesar Salad
- Monterey Chicken Salad
- Croutons
- Fresh Banana
- Fruit Punch
- Lettuce & Tomato Side Salad
- Fresh Cherry Tomatoes
- Corn & Pepper Salad
- Chocolate Low Fat Milk
- 1% Low-fat Milk

22



23



24



25



26



29



30



31



If you have a food allergy or intolerance, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29, White Milk: \$0.60, Chocolate Milk: \$0.65

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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